

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM Water Power Sculpt Universal Ticket	9:00 AM Deep Water Power Sculpt Universal Ticket	9:00 AM Water Power Sculpt Universal Ticket	9:00 AM Deep Water Power Sculpt Universal Ticket		10:00 AM Water Power Sculpt Universal Ticket
9:00 AM Cardio & Strength Universal Ticket		9:00 AM Cardio & Strength Universal Ticket	9:00 AM Universal Ticket Get-Up-&-Move Low Impact		
2:00 PM—FREE Weight Room Orientation	6:00 PM Zumba * Universal Ticket		6:00 PM Zumba * Universal Ticket		
1:00 PM Paddle Board Yoga \$25 with Reservation	5:00PM Pick Up Pickleball Members or Day Pass	6:00 PM Adult Pick-Up Basketball Members or Day Pass	5:00PM Pick Up Pickleball Members or Day Pass		10:00AM Pick Up Pickleball Members or Day Pass
6:00 PM Yoga Universal Ticket		6:00 PM Yoga Universal Ticket			
7:00PM Age 10+ Tiger to Dragon \$8 Walk in or \$30 Month		GVRC Fitness Class Schedule Revised for January 2018	Universal Tickets \$5.00 Each or \$39.00 for 8 Tickets Purchase at the Front Desk.	* Some instructors have specials. Ask the front desk or the instructor for more information.	

GVRC General Rules & Guidelines

Cell Phones

- Cell phone conversations should be taken outside of the weight room and cardio area.
- Please use ear buds when listening to music.

Children

- Ages 0—7 must be under **direct** supervision at all times; that is, the guardian must be in the same room and within eye contact of the child until the child is 8 years old.
- Ages 8—10 may be **indirectly** supervised by the guardian who remains in the building.
- Ages 11—17 are allowed to be in the recreation center building unsupervised.
- Children using a floatation device in the pool **must** be accompanied by a guardian in the water.

Diving & Flips

- No diving and/or flips are allowed off the side of the pool.

Entering Fitness Wing

- Everyone must have a membership or pay a day pass to enter the fitness wing, unless they are participating in a fitness class or getting a complimentary tour.

Lifeguards

- Lifeguards may inform patrons of additional safety rules.

Lockers

- Bring your own lock or rent one by the day or year.
- Remember to remove your lock daily if you do not rent an annual locker.

Lost or Stolen

- The center is not responsible for lost or stolen items.

Membership Cards

- The first membership card is free and issued beginning at age 11. There is a nominal charge for replacement cards.

Sauna / Hot Tub

- No one under age 16 is allowed in the hot tub or sauna.

Showers

- Showers are located in the locker rooms, family changing room and on the pool deck.
- A soap shower is required before enter the pool complex.
- Showers must be repeated after sunbathing and/or sitting in the sauna before re-entering the pool or hot tub.

Swim Diapers

- Swim diapers are required on all children in the pool under age 3 and for all non-toilet trained children. You may purchase one at check in if necessary.

Swim Suits

- Swim suits are required for men, women, youth and infants.

Towels

- Bring your own towel or you can rent one at check in.

2018



Grand Valley Recreation Center

0398 Arroyo Drive
Battlement Mesa, CO 81635

(970) 285-9480

info@gvrc.net
programs@gvrc.net

www.GrandValleyRecCenter.com

Est. June 1981

Owned and operated by the
Parachute/Battlement Mesa Park and Recreation
District (PBMPRD) since January 2016.

Adult & Youth Activities	Large Event Room Rentals
Babysitting	Meeting Rooms
Basketball Court	Playground
Cardio Area	Racquetball Courts
Caterer's Kitchen	Sauna
Game Room	Swimming Pool
Group Fitness Classes	Tennis Courts
Hot Tub	Weight Room

IN-DISTRICT

MEMBERSHIPS ELIGIBILITY & REQUIREMENTS

People who reside within the Garfield County Parachute / Battlement Mesa Park and Recreation District (PBMPRD) taxing district will—with certain documentation be eligible for in-district membership rates for GVRC. Dependents of eligible parents or guardians will also be eligible for in-district membership. Most eligibility can be determined immediately, but could take up to 5 business days.

- All members over 18 must sign the application and provide documentation of eligibility.
- All members must pay the annual activation fee on the first visit of the calendar year.
- Activation fee allows eligible members access to GVRC from January to December 31st as long as they live in the district.
- Activation Fees are not transferable or refundable.

IDENTIFICATION VERIFICATION

(One Photo ID Document will be required.)

- Valid Driver's License
- Valid Colorado State ID Card
- Valid Government Issued ID Card
- Valid Student ID Card
- Valid Passport
- Valid Permanent Resident (Green) Card

ADDRESS VERIFICATION DOCUMENTATION

One of the following documents is required. The document must be original. The physical address must be printed on the document. Post Office box addresses are NOT accepted.

- Current Utility, Telephone or Medical Bill
- Pay stub with physical address (within 45 days)
- Major credit card or bank statement with physical address.
- Court issued document with physical address printed.
- Mortgage paperwork, lease or rent receipt or property deed.
- Current Lease—all residents must be listed on lease
- Major Department Store credit card statement.
- Current Homeowner's or Renter's Insurance Policy
- Garfield County Tax Bill indicating payment to PBMPRD.

NOT ACCEPTED: Personal Letters, Solicitations, E-mails.

IN-DISTRICT MEMBERSHIP

All qualified In-District members must provide documentation of eligibility, provide identification and complete a membership application.

First Time Activation Adult	\$40 per Adult
First Time Activation Youth	\$35 per Child
Renewing Adult Member	\$30 per Adult
Renewing Youth Member	\$25 per Child

OUT-OF-DISTRICT MEMBERSHIP

Residents who live outside the Parachute / Battlement Mesa Park and Recreation District or are not able to provide In-District eligibility documentation.

	1 Month	3 Months	6 Months	Annual
Youth	\$28	\$71	\$115	\$225
Adult	\$39	\$99	\$165	\$295
Adult Dual	\$61	\$155	\$269	\$395
Family	\$70	\$178	\$310	\$495
Add'l Child	\$12	\$18	\$24	\$36

Adult/Youth 2-Week Membership \$25/person

Memberships are non-transferable and non-refundable.
Out-of-District members do not pay an Activation Fee.

Day Pass

Young Child 0-2	\$2
Youth 3-17	\$5
Adult 18+	\$8

(Must be used the day of purchase.)

Punch Pass

6 punch youth	\$22.50
6 punch adult	\$36.00

(Expire 1 year after purchase.)

BUILDING HOURS

Monday—Friday	7am—9pm
Saturday	9am—5pm
Sunday	12pm—5pm

POOL COMPLEX HOURS

Monday—Friday	*8am—8pm
Saturday	10am—4:30pm
Sunday	1pm—4:30pm

BABYSITTING HOURS

Monday—Friday	8am—12pm
Monday—Friday	4:30pm—8:30pm

* Monday—Friday 8am—10:00am is reserved for Fitness Swim.
Fitness swim is lap swimming, water walking and water aerobics exercises. All other pool hours are OPEN SWIM.

* Monday—Friday the pool complex is closed from 1p—2p.

DEFINITIONS

Youth

- Person 17 years 12 months old or younger.
- A parent or guardian must give permission for a youth to have a membership and the parents/guardian must sign the risk disclosure.

Adult Dual

- Persons 18 years and older.
- Any two adults who sign up at the same time.
- Do not have to be related or live at the same address.

Family Membership

- 2 Adults and 2 Children or 1 Adult and 3 Children.
- Family membership rate applies to a maximum of four persons per family pass. Families with more than 4 members may purchase an "additional child" membership.

Additional Child "Add'l Child"

- Can only be purchased as an addition to an Out-of-District Family Membership.
- At the time of purchase the youth must be at least 17 years 12 months or younger.

Guardians

- A guardian is a person 16 years or older that can be responsible for children under 11 years old in the building.

DISCOUNTS

Military Discount

- Must show military ID.
- Not valid with other discounts.
- 15% discount off Day Pass or Punch Pass price.
- 10% discount off Out-Of-District Membership.

Senior Discount

- Persons 62 years old and up.
- 10% discount on "Adult" or "Adult Dual"
- Eligible SilverSneaker members gain free access.

BABYSITTING

Parents/Guardians must remain inside the GVRC building while their child is in the babysitting room.

GVRC FITNESS CLASSES

PARK AND RECREATION PROGRAMS

GVRC Membership is not required to participate in a fitness class or an activity/program through the Parachute/Battlement Mesa Park and Recreation District. There is a nominal fee for each class and each activity. General age rules do apply.

WEIGHT ROOM AND CARDIO AREA ACCESS

All members and guests ages 14 to 17 must attend a weight room orientation before being granted access to the weight room and cardio area. **Adults** can take the class if they want as well. Orientation is every Monday at 2:00p unless other arrangements are made.